

The CROSSWORD

May & June 2013

Inside this issue:

- Pastors Message
- Appointment Updates
- Preschool News & Notes
- Upcoming Events
- Health, Body, Mind and Spirit



Read *The Crossword* online at
www.crossword.manahawkinmethodist.org

PASTOR'S COLUMN

“On the way to Jerusalem, Jesus was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, they called out, saying, ‘Jesus, Master, have mercy on us!’ When he saw them, he said to them, ‘Go and show yourselves to the priests.’ They left, and on their way they were healed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He bowed down at Jesus' feet and thanked him. The man was from the country of Samaria. When Jesus saw him he asked, ‘Were not ten healed? But the other nine, where are they?’”
- Luke 17:11-17

Far too often, we forget to say thank-you for the tremendous ways God is at work in our lives. Far too often we fail to turn back and express our gratitude to those who have blessed us. Sometimes we're so busy just going about our way that we don't even notice the rich blessings we have received. Other times, we do notice, but we just take it all for granted. Either way, it's criminal, and few things are more harmful to our lives of faith. And this is one mistake I was not going to make. So this is, simply, my final words to you all, from the bottom of my heart: Thank-you...

- Thank-you for our nine years together.
- Thank-you for all the great times of worship, fellowship, and service.
- Thank-you for the way you welcomed and embraced and loved Traci, Samantha, and Rachel – making my family truly your family, and caring for us in our times of need.

- Thank-you for repeatedly forgiving my many mistakes.
- Thank-you for how the witness of your great love in Christ has deepened my faith.
- Thank-you for your friendship.
- Thank-you for allowing me to share your lives.

I wish there was some way I could say this all better, but I don't know the words, so... Thank-you! The Manahawkin United Methodist Church will always be dear to my heart. Wherever the Spirit leads you, may God continue to bless you all as you have blessed my entire family.

In Christ,

Rev. Clark Lynn Callender

Top 5 Reasons We Will Miss Rev. Callender

- #5** Leaving worship secretly wondering if he has some sort of 'inside scoop' about us, as he always speaks to our hearts
- #4** Beautiful clarinet sounds in the Sanctuary
- #3** His ability to make us laugh at ourselves
- #2** Wondering which car he's driving
- #1** Having our friend nearby

Thank You Pastor

Thank you...
 For your spiritual leadership and guidance - our congregation is all the more blessed.

Thank you...
 For your compassion and empathy, willingly given in our times of need- your words of wisdom and unwavering faith uplift us.

Thank you...
 For your numerous wonderful qualities - Your calm voice of reason and the courage of your faith, your conviction - steadfast and determination to see everyone do their best.

Our congregation has many, many blessings—for all the years of service and your dedication to the Lord ...our thanks always and forever
 From our hearts to yours - you will truly be missed!

youth leaders at Manahawkin UMC since 2007 where they also lead confirmation classes, teach Sunday school and serve in a drama ministry. Blair enjoys bass fishing and is an accomplished oil painter.

Cedar Grove UMC is located in Toms River in the Northern Shore District. It is a small but spirit filled congregation that has the gift of radical hospitality. There is one Sunday morning worship service including an occasional choir. They have monthly dinners which reach out to serve the community. They have an active UMW. There are Lay Servants in this congregation. Its a mission minded group who help those in need.

**Reprinted from www.GNJUMC.*

Kyewoon Choi has been appointed to Manahawkin UMC

Kyewoon Choi, born and raised in South Korea, came to America in 1985 with his newly married wife Sunwoo. He attended Michigan State University in a Ph.D. program in Economics for two years and graduated



Pastor Choi joined the United Methodist Volunteers in Mission on a trip to Haiti

from Princeton Theological Seminary in 1990. He's served God's people in a cross-cultural/cross-racial ministry setting for 23 years: one in Michigan for seven years and the other, Little Silver: Embury, for sixteen years in New Jersey. Having a heart for local parish ministry, he is actively involved in mission trips with both youth and adults. He and his wife also have one 24-year-old daughter, Sarah.

**Reprinted from www.GNJUMC.*



Blair Goold has been appointed to Cedar Grove UMC

Originally from Stillwater, New Jersey, Blair Goold received a BA from Glassboro State College and then had diverse careers in acting, retail management, human resources and construction. In 2012, Blair was called into ministry and is currently pursuing an MDiv at United Theological Seminary. His wife, Joan, is a Music Together teacher. They have three children: Matthew (married to Kirby), Anna, and Rebecca. Blair and Joan have served as

Manahawkin Methodist PRESCHOOL

Spring has sprung, summer is almost here and MMP is bursting with activity. April arrived with caterpillars, worm farms and ant farms! Our MMP friends cared for, observed, and learned about all these creatures. We said good bye to our butterfly friends and let our worms free in the preschool garden. These classroom pets helped us learn that all God's creatures have a purpose and are special. We also explored the story of Noah and the Ark during our Christian Education lessons and all the children participated in making a rainbow for the hallway. In May we celebrate Mother's Day; we will take this time to teach the children about Mary and use our fine motor skills to create beautiful gifts for our mothers and grandmothers. The annual Pre K Mother's day tea will take place on May 9th and May 10th at 9:30 in Fellowship Hall. The students will present gifts, sing songs and recite poems to honor their Moms on this special day.

In June, MMP will celebrate field day on June 6th & 7th. Obstacle courses, relay races, and parachute games will keep us moving that day. A visit from a magician and ice pops will round out the festivities. Pre K graduation is scheduled for Friday June 14th at 9:30 in the sanctuary. We have 36 students going off to kindergarten this year and many of them have been with us for several years. We are so proud of our graduates and all they have accomplished while at MMP. This is also the last day of school for all MMP students.

Summer camp registration forms are available in the preschool office. Space is limited so please don't delay if you are interested in participating in our summer programs. Campers will

embark on an African Safari during the first session which takes place July 15th, 16th, 17th and 18th from 9:30 to 1:30. Our second session, "A Mighty Kingdom" takes place July 29th, 30th, 31st and August 1st; our campers will learn about royalty, knights and what it really was like to live in a castle. Both programs will end the day with water play so campers should wear sunscreen, pack a towel, and wear a bathing suit under their play clothes. Cost for each program is \$85.

Thank you to all who support the preschool. I wish you all a happy and healthy summer.

Educationally yours,

Kelly Steinberg

Smiles from MMP



HEALTHY BODY, MIND AND SPIRIT

The Centers for Disease Control and Prevention (CDC) reports that 68 million people are living with high blood pressure (hypertension). About 8% of US adults have hypertension and have never been diagnosed. The good news is high blood pressure can be prevented and controlled. The CDC lists the following ways to keep your blood pressure within a healthy range:

- Reduce sodium (salt) intake
- Have your blood pressure checked and monitor it regularly
- Maintain a healthy body weight
- Exercise regularly
- Eat more fruits and vegetables
- Don't smoke
- Watch alcohol intake
- If you have been prescribed blood pressure medication, take it as directed.

For more information, go to www.cdc.gov

Howard S. Friedman, Ph.d., author of "*The Longevity Project...*", writes:

"...*The Longevity Project* did uncover good evidence that at least some aspects of congregational participation can be relevant to the length of one's mortal life. It was the social involvement and service to others that went along with being religious that explained why these people, especially the religious women, lived longer."

Alice Schovanec

Confirmation Sunday

Seven young believers at Manahawkin United Methodist Church have made the decision to be confirmed into full membership and are currently making their way through classes that will culminate with Confirmation Sunday on May 19 in the 11am service. This is an exciting time as they discover more about their faith in Jesus Christ, the love of God, and the movement of the Holy Spirit. They are also learning about the history of Christianity, the formation of the United Methodist Church, and the particular background of Manahawkin UMC. They are spending more time in prayer and deepening their knowledge of the Bible. In short, they are developing as disciples for the transformation of the world.

Please make a point to encourage Chrissy, Nicole, Danny, Derek, Logan, Matt and Nick as they prepare over the next several weeks. And be sure to join us on May 19th for their confirmation ceremony.

Upcoming Youth Events

April 27-28

Junior Youth Group Overnight Lock-in

May 18 10am to noon

Youth Car Wash to Raise Money for the Emily Eismann Scholarship Fund

Blood Drive in Memory of Emily Eismann at: Manahawkin United Methodist Church in Fellowship Hall Friday, [June 27, 2013, from 12-6pm](#)

Call the American Red Cross at 1-800-GIVELIFE (1800-44835433) to schedule an appointment or go online to make your own appointment: www.pleasegiveblood.org

Who can Donate Blood - It is important that you feel good when you donate blood. Healthy people who are at least 17 years old and weigh 110 pounds or more are usually eligible to donate blood. Federal regulations require that donors wait 56 days between regular whole blood donations. Please remember to bring proper identification to the blood drive.

Entry into Crossword

Submitted by Jody Endebrook, Lay Leader/Worship Chair

The months of May and June seem to renew our spirits. Warmer weather is finally here, the trees are starting to blossom, we hear the birds singing a tad louder, we see them busily building nests - what a flurry of activity! Even the sound of lawn mowers seem to hum in one accord. There's a natural cadence to it all - a rhythm that repeats itself yearly; a rhythm we find soothing. All things new!

Good changes like graduations and weddings and vacation plans; we're breathless with anticipation. We also remain grounded to those facing not so wanted changes; those impacted by Sandy, those struggling with illness, financial worries; those among us who have been forced into unwelcome change. Change - positive or negative - causes most of us some amount of apprehension. So my singing Church, what hymns comfort us? What do we sing? I find myself humming **He Leadeth Me:O Blessed Thought.** "What-e'er I do, wher-e'er I be, still 'tis God's hand that lead-eth me."

And I find comfort in Psalm 139vs7:10 "Where can I go from you Lord? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast." Comfort and peace knowing that wherever we are; in whatever circumstance Jesus is there holding us close. Good times and bad. He knows our needs, He loves us, He understands where we're coming from and, always, *always* wants the best for us. Jesus has "our back" no matter the changes we incur or how far we roam. We are His and He is our God. And, as His Children and Brothers and Sisters in Christ, we stand together with loving eyes and outstretched hands to see each other

thru whatever may prevail - the good and the bad - we are here for each other. That's a promise! And...there I go! Now humming **Standing on the Promises** "I'm standing, standing, standing on the promises of God". WhoooHooo!

Peace and Love my Friends! Oh! And Hugs too!

Jody

Music Notes by Vel

A special music program, "A Celebration of the Singing Church" will be presented at 4:00 PM on Sunday May 19th by Ed Aniski and Friends. Be sure to come and bring your friends and neighbors. This promises to be a delightful program! The Junior Bell Choir will be ringing on May 12th, Mother's Day. A musical service of worship, based on hymns will be presented at both services on June 2nd with special anthems and hymn singing. Special music is also being planned for June 16th. Our choir will be taking a break during the summer. Anyone willing to present a vocal or instrumental solo during the summer is invited to discuss it with Vel.

Worship Committee welcomes you to join us Sunday, May 19th @ 4:00pm for an afternoon filled with awesome music as we hold our Fund-raiser "**A Celebration of the Singing Church with Ed Aniski and Friends**" Ed's Friends include our very own Rev. Clark Callender, Vel Gamble, the Holy Spirit Ringers under the Direction of Joe DelVecchio and our Shalom Singers. I can guarantee you'll love the music!

Proceeds will benefit our MUMC Music Fund. Can't wait! See you there!

A Celebration of

The Singing Church

Featuring Ed Aniski & Friends

Sunday, May 19, 2013

4:00PM

Free Will Offering

Manahawkin UMC

116 Stafford Ave.

Manahawkin, NJ 08050

www.ManahawkinMethodist.org



Upcoming Events

Saturday, May 4th, 8:30am through 4pm
Prayer Retreat, will take place in Fellowship Hall, beginning with a Continental Breakfast. If you would like to attend, please call the church office by April 30th.

Monday, May 6th at 6:30pm,
Annual Mother/Daughter Covered Dish Dinner in Fellowship Hall. There will be a sign-up sheet in the back of the Narthex so we don't have many duplicate dishes to share. Hope to see you there!

Saturday, May 18, Youth Car Wash.

Sunday, May 19 at 11am.
Confirmation Sunday Worship Service

Sunday, May 19 at 4pm
A Celebration of the Singing Church

Sunday, June 16th at 10am
 "Father's Day". Only One Worship Service with Rev. Clark Lynn Callender leading and preaching his last time as the Pastor of MUMC. Immediately after Worship there will be a Reception for Rev. Clark in Fellowship Hall.

Thursday, June 27, 12-6pm
Emily Eismann Memorial Blood Drive
 Fellowship Hall.

From Our Prayer Group

Merciful Father, giver of life always able to show yourself among all our strife The force of love very essence of God, emanating out across the divide Reaching at once the path we trod Sometimes we're weary, very bruised inside Yet always there's restoration the reason Love personified died.

Reminders

- **Building use:** those interested in using space here at MUMC should fill out a Building Use Form that can be found in the church office. The form should be submitted to the church secretary.
- **Church Offering Envelopes**
All church members are asked to pick up their offering envelopes
- **Parking**
Do not park in the first few spots in the firehouse parking lot. These spots are designated for volunteer firefighters responding to emergency calls.
- **Cell Phone Etiquette**
Please turn off or set phones to vibrate during our Sunday worship.



Missions:

The May collection will be canned fruit. We are going to plant the garden on Tuesday May 7th anyone who want to come and help will be welcome. Also we will need people to help harvest the garden. We had such a great harvest last year that the Mission Committee could not keep up. So, again we can use the congregations help.



Jillian, Teacher, Brick



**“Early Detection
Saved My Mom
and My Aunt.”**

POWERED BY:



Meridian Health along with 20 local business's and groups are all working to spread awareness of mammography by painting the town pink the month of May. Early detection is a woman's best defense against breast cancer.

MUMC and MMP will be hosting a Pink Lemonade Stand on Monday, May 13th and Tuesday, May 14th starting at noon on the front lawn. Please stop by and make a donation to help get mammograms for uninsured women in our area.

Check out our websites....pinked out for the cause!

JUNE 1 IS MERIDIAN MAMMOGRAPHY DAY

With Meridian Mammography Day, we are making it even easier to get your mammogram. Schedule an appointment at one of Meridian's

BREAST HEALTH: THREE-STEP PLAN FOR PREVENTIVE CARE

Although there are some women who are at higher risk, the fact is that all women are at risk for breast cancer. That is why it is so important to follow this three-step plan for preventive care. Although breast cancer cannot be prevented, early detection of problems provides the greatest possibility of successful treatment.

1. Routine Breast Self-Exam (BSE)—A woman should begin practicing BSE by the age of 20 and continue the practice throughout her life - even during pregnancy and after menopause. BSE should be done regularly at the same time every month. Regular BSE teaches you to know how your breasts normally feel so that you can more readily detect any change.

2. Clinical Examination—A breast examination by a physician or nurse trained to evaluate breast problems should be part of a woman's physical examination. The American Cancer Society recommends:

- **Between the ages of 20 and 39, women should have a clinical breast examination by a health professional every three years.**
- **After age 40, women should have a breast examination by a**